

# *Hatha Yoga Club*

## *Open House*

Stop by and help celebrate 40 years  
of yoga classes in Sun City

**Saturday, May 30, 2026**

2:00 pm - 3:00 pm

Sundial Recreation Center  
Yoga Room

Class Demonstrations  
Conversations with Instructors  
Questions Answered

*Strength - Flexibility – Balance*  
*Add yoga to your life!*