

**SUN CITY HATHA YOGA CLUB – SEPTEMBER 2025 CLASSES**
<http://hathayogaclub.org>

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> 8:30 Yoga Mat / <b>Evon</b>  1 pm Chair /Marci	<b>2</b>  10 am Yoga Mat/ <b>Kathryn</b>	<b>3</b>  10:30 am Chair/Carlyn  12:30 Mat Yoga Mix Kathryn	<b>4</b>  1 pm Chair/Carlyn  6 pm Yoga Mat/Kathryn	<b>5</b> 8:30 Mat Yoga/Jenn  1 pm Chair/Marci	<b>6</b>  9 am Yoga Mat/January  4 pm Pop-up Class/January Yin, Sound & Sip
<b>7</b>	<b>8</b> 8:30 Yoga Mat/ <b>Evon</b>  1 pm Chair/Marci	<b>9</b>  10 am Yoga Mat/ <b>Kathryn</b>	<b>10</b>  10:30 am Chair/Carlyn  12:30 Mat Yoga Mix Kathryn	<b>11</b>  1 pm Chair/Carlyn  6 pm Yoga Mat/Kathryn	<b>12</b> 8:30 Mat Yoga/Jenn  1 pm Chair/Marci  <b>2:45 Board Meeting</b>	<b>13</b>  9 am Yoga Mat/January
<b>14</b>	<b>15</b> 8:30 Yoga Mat/ <b>Evon</b>  1 pm Chair/Marci	<b>16</b>  10 am Yoga Mat/ <b>Kathryn</b>	<b>17</b>  10:30 am Chair/Carlyn  12:30 Mat Yoga Mix Kathryn	<b>18</b>  1 pm Chair/Carlyn  6 pm Yoga at/Kathryn	<b>19</b> 8:30 Mat Yoga/Jenn  1 pm Chair/Marci	<b>20</b>  9 am Yoga Mat/ <b>Cathy</b>
<b>21</b>	<b>22</b> 8:30 Yoga Mat/ <b>Evon</b>  1 pm Chair/Marci	<b>23</b>  10 am Yoga Mat/ <b>Kathryn</b>	<b>24</b>  10:30 am Chair/Carlyn  12:30 Mat Yoga Mix Kathryn	<b>25</b>  1 pm Chair/Carlyn  6 pm Yoga Mat/Kathryn	<b>26</b> 8:30 Mat Yoga/Jenn  1 pm Chair/Marci	<b>27</b>  9 am Yoga Mat/January
<b>28</b>	<b>29</b> 8:30 Yoga Mat/ <b>Evon</b>  1 pm Chair/Marci	<b>30</b>  10 am Yoga Mat/ <b>Kathryn</b>				<b>Yellow= Substitute</b>  Rev: 09/04/25

**Please remember: Arrive 20 minutes early Leave shoes at the door No fragrances Cell phones muted**